



MAHARASHTRA EDUCATIONAL SOCIETY'S
HUMERA KHAN COLLEGE OF EDUCATION
H.K CAMPUS, Adjacent to MHADA Complex, Pratiksha Nagar, Oshiwara, Jogeshwari (W)
Affiliated to University of Mumbai & Approved by NCTE (NCTE Code No: 123082)
Tel: (022)26776221, Fax: (022)26790095
Email: principal@hkce.edu.in Website: www.hkce.edu.in
NAAC Accredited Grade 'B'

Report on POCSO Train-the-Trainer Online Programme

Title: POCSO Train-the-Trainer Online Programme

Mode: Live Online

Duration: 8 Hours

Dates: 4th July 2026 to 6th July 2026

Timings:

- 4th July 2026 (Saturday): 7.00 p.m. – 9.30 p.m.
- 5th July 2026 (Sunday): 11.00 a.m. – 2.00 p.m.
- 6th July 2026 (Monday): 7.00 p.m. – 9.30 p.m.

Resource Person: Ms. Jyoti S.

Introduction

The faculty members and students of H.K. College of Education actively participated in the POCSO Train-the-Trainer Online Programme conducted from 4th July to 6th July 2026. The programme was designed to equip educators with comprehensive knowledge of the Protection of Children from Sexual Offences (POCSO) Act, 2012 and to develop their capacity to conduct awareness and prevention programmes for students, parents, teachers, and educational institutions. The interactive sessions combined legal awareness, practical case studies, communication strategies, and facilitation skills to prepare participants as effective trainers in child protection.

Objectives of the Programme

- To develop a comprehensive understanding of the POCSO Act, 2012.
- To identify various forms of child sexual abuse, grooming, and online exploitation.
- To understand mandatory reporting procedures and legal compliance.
- To strengthen institutional child protection mechanisms.
- To enhance facilitation and communication skills for conducting POCSO awareness programmes.
- To prepare educators as certified POCSO trainers.

Key Learning Areas

The programme covered the following major themes:

- Understanding the POCSO Act, 2012



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- Identifying Child Sexual Abuse, Grooming and Online Abuse
- Mandatory Reporting and Legal Compliance
- Child Protection Policies and Institutional Responsibilities
- Case Studies and Best Practices
- Facilitation Skills for Conducting POCSO Awareness Sessions

Proceedings of the Programme

The sessions were conducted by Ms. Jyoti S., an experienced trainer in child protection and POCSO awareness. She began by presenting findings from a large-scale survey conducted across 13 cities involving over 12,000 women, which revealed that 53.7% had experienced sexual harassment during childhood. The findings highlighted the urgent need for awareness, prevention, and early intervention.

The resource person explained the legal framework protecting children by discussing the United Nations Convention on the Rights of the Child (UNCRC), 1989, which India ratified in 1992, and its influence on child protection legislation in India. She also elaborated on constitutional safeguards under Articles 21A, 24, and 39, emphasizing every child's right to education, protection from exploitation, and healthy development.

The session further introduced several important child protection legislations, including:

- Right to Education Act
- Child Marriage Prohibition Act
- Child Labour (Prohibition and Regulation) Act
- Juvenile Justice (Care and Protection of Children) Act
- Protection of Children from Sexual Offences (POCSO) Act, 2012

Ms. Jyoti explained that the POCSO Act was enacted in 2012 following sustained advocacy by organizations such as Sakshi, and highlighted its significant features, including its gender-neutral nature, non-bailable offences, establishment of Special Juvenile Police Units, child-friendly judicial procedures, and provisions for online court hearings.

The trainer discussed the vulnerability of children and emphasized the importance of building trust by becoming approachable and supportive adults. She explained the stages of grooming, describing it as a deliberate and systematic process used by offenders to manipulate children. Participants learned why many children hesitate to disclose abuse due to fear, shame, guilt, threats, emotional dependence, and other psychological barriers.



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An important component of the programme focused on effective communication with children. Ms. Jyoti introduced the LEARN Model of communication, demonstrating how empathetic listening and appropriate responses can encourage disclosure while ensuring emotional safety. She also used film clips and real-life case examples to facilitate discussion and reflection.

Participants actively engaged in role-play activities, enabling them to practice responding to different child protection scenarios and strengthen their counselling and communication skills.

On the final day, participants presented assignments prepared in groups. Each group designed an outline of a POCSO awareness training programme tailored for different target audiences:

- Students of Classes I–IV
- Students of Classes V–VII
- Students of Classes VIII–X
- Students of Classes XI–XII
- Parents
- Teachers

These presentations received constructive feedback from the resource person regarding age-appropriate content, interactive methodologies, and effective facilitation techniques.

The trainer emphasized that a successful trainer communicates not only through words but also through positive body language, empathy, confidence, and sensitivity. She encouraged participants to continue learning through films and documentaries addressing child sexual abuse and child protection issues, including *To Kill a Tiger*, *OMG*, *Kahaani 2*, *Pritam & Pedro*, and *Ek Banda Kaafi Hai*.

The programme also covered important indicators of abuse, including physical, emotional, behavioural, and digital indicators, enabling participants to identify warning signs at an early stage. Detailed guidance was provided on the documentation process, maintaining confidentiality, and reporting mechanisms.

Participants were introduced to the roles and responsibilities of important child protection authorities such as:

- District Child Protection Unit (DCPU)
- Child Welfare Committee (CWC)



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- National Commission for Protection of Child Rights (NCPCR)
- State Commission for Protection of Child Rights (SCPCR)

The trainer also explained the importance of obtaining parental consent before conducting awareness programmes in schools and discussed the essential competencies expected of a certified POCSO trainer, including legal knowledge, facilitation skills, ethical conduct, empathy, confidentiality, and professionalism.

Assessment and Certification

At the end of the programme, participants completed an online assessment through Google Forms. A minimum score of 70% was required to successfully complete the programme. Participants meeting the qualifying criteria were awarded a Certificate of Completion.

Outcomes of the Programme

The programme enabled participants to:

- Develop a sound understanding of the POCSO Act, 2012 and related child protection laws.
- Recognize various forms and indicators of child sexual abuse and online exploitation.
- Understand mandatory reporting procedures and institutional responsibilities.
- Strengthen communication and facilitation skills for conducting awareness programmes.
- Design age-appropriate POCSO awareness sessions for students, parents, and teachers.
- Gain practical experience through role plays, case studies, assignments, and presentations.
- Build confidence to function as trainers and child protection advocates within educational institutions.

Conclusion

The POCSO Train-the-Trainer Online Programme proved to be an enriching and highly relevant professional development initiative. Through expert guidance, practical activities, legal awareness, and interactive learning experiences, the participating faculty members of H.K. College of Education enhanced their understanding of child protection and developed the competencies required to conduct effective POCSO awareness programmes. The training reinforced the institution's commitment to ensuring a safe, inclusive, and child-friendly educational environment while promoting awareness, prevention, and protection of children's rights.

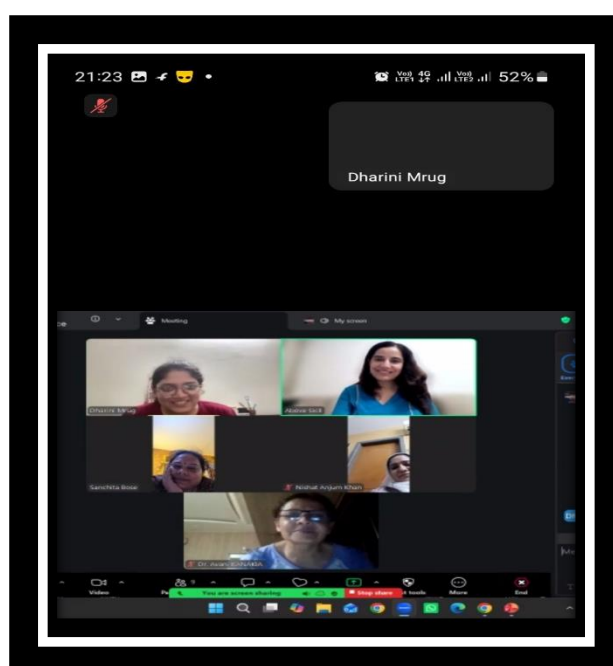
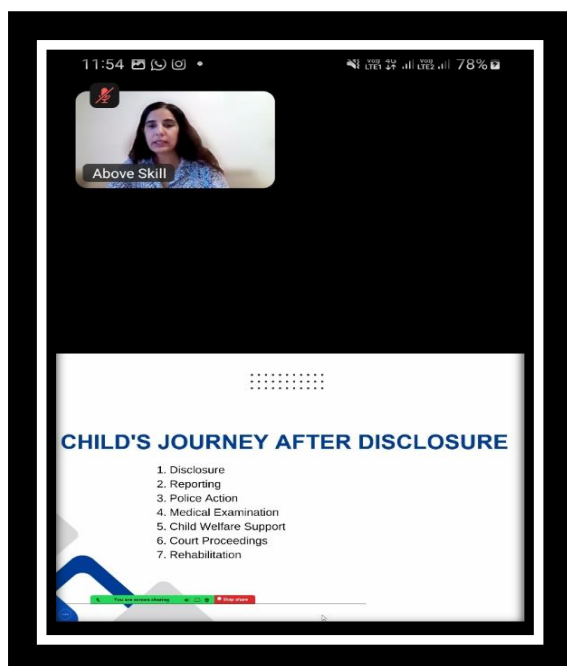
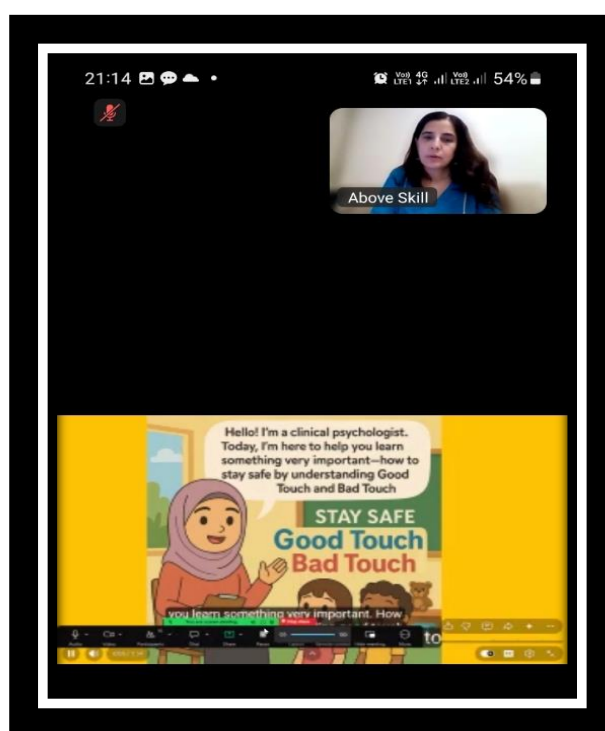
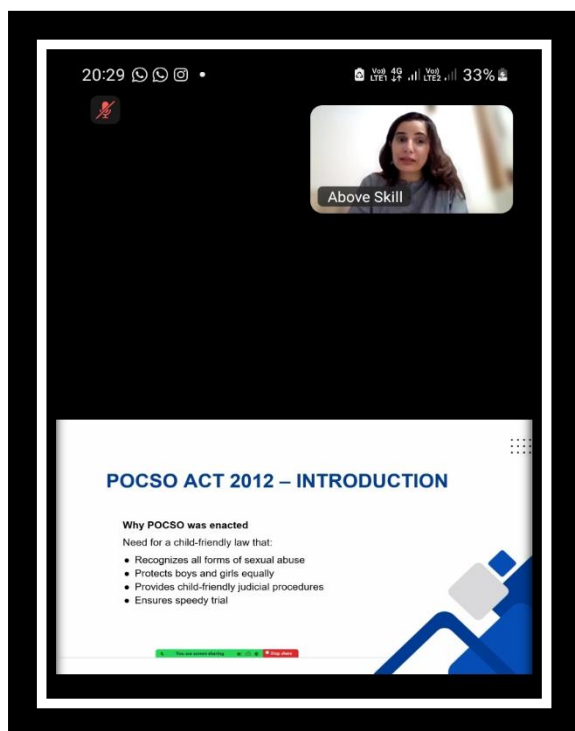
Prepared by: Dr. Vinayak Shinde

Approved by: Dr. Upasna Roy



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POCSO Train-the-Trainer Online Programme Photograph





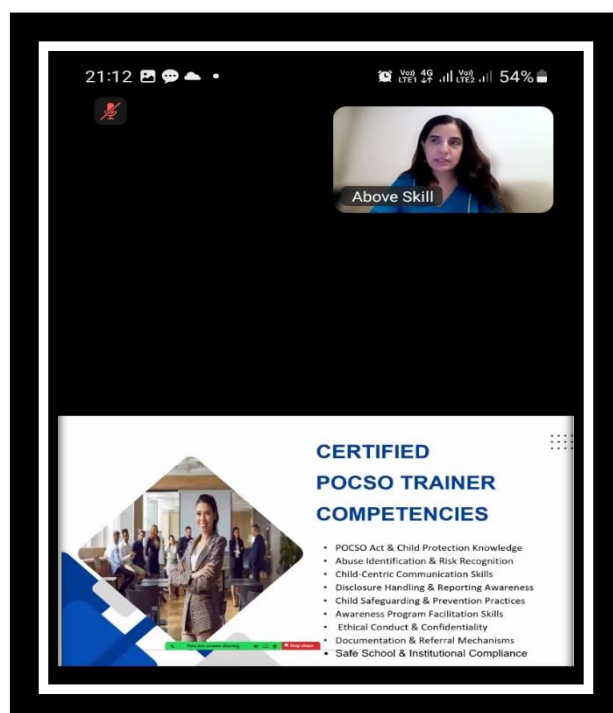
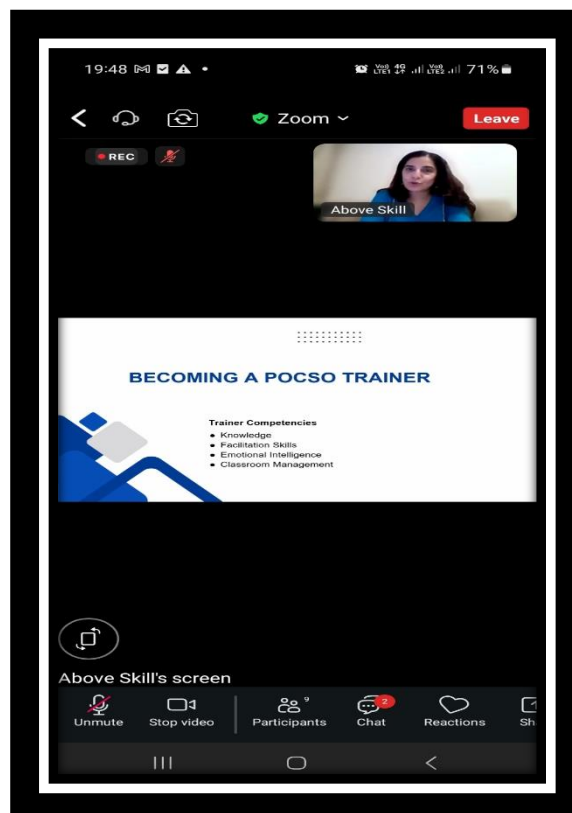
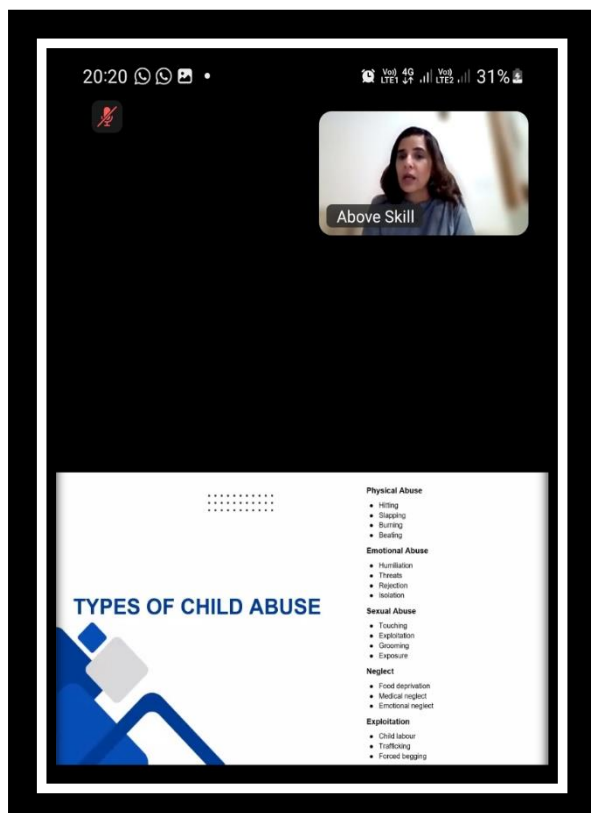
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Faculty Certificates



CERTIFICATE

OF COMPLETION

CERTIFICATE No.
AS/POCSO-TTT/2026/B01/005

THIS CERTIFICATE IS PRESENTED TO

Dr. Avani Kanakia

has successfully completed the 8-Hour POCSO Train-the-Trainer Certification Programme facilitated by AboveSkill on 8 July 2026. The programme provided comprehensive knowledge and practical insights into the following key areas:

- POCSO Act & Child Protection
- Child Abuse Identification & Prevention
- Child Protection Policies
- Reporting & Legal Compliance
- Institutional Child Safety
- POCSO Training & Facilitation



Jyoti
JYOTI SOLARIA
POCSO Master Facilitator


VIMAL SUCHAK
Founder & CEO

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CERTIFICATE

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CERTIFICATE No.
AS/POCSO-TTT/2026/B01/009

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Dr. Vinayak Shinde

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Jyoti
JYOTI SOLARIA
POCSO Master Facilitator


VIMAL SUCHAK
Founder & CEO

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