



MAHARASHTRA EDUCATIONAL SOCIETY'S
HUMERA KHAN COLLEGE OF EDUCATION
H.K CAMPUS, Adjacent to MHADA Complex, Pratiksha Nagar, Oshiwara, Jogeshwari (W)
Affiliated to University of Mumbai & Approved by NCTE (NCTE Code No: 123082)
Tel (022)26776221, Fax: (022)26790095
Email: principal@hkce.edu.in Website: www.hkce.edu.in

REPORT ON OUTDOOR SPORTS

**MAHARASHTRA EDUCATIONAL SOCIETY'S
HUMERA KHAN COLLEGE OF EDUCATION**
Oshiwara, Jogeshwari (W), Mumbai-400102
NAAC ACCREDITED GRADE "B"

Organizes
OUTDOOR SPORTS

OUTDOOR SPORTS
DATE: 15 JANUARY 2025
TIMING: 7:30 AM ONWARDS

Principal
Dr. Masarrat Saheb Ali

Event Incharge
DR. SANDHYA SARWADE
DR. AVANI KANAKIA

Chief Co-ordinator
DR. VARSHA MARU

Organising Committee
ASST. PROF. VIDYA VISHWAKARMA
ASST. PROF. VIKAS YADAV
ASST. PROF. SHENAZ KHAN

**Outdoor Games: DUCK WALK, BADMINTON, BACK
BALLOON WALK, SHORT PUT, PICK UP RUN, RELAY,
TUG OF WAR, FLOWER WALK**

**VISION: SHAPING THE PUPIL TEACHERS TO SHOULDER THE RESPONSIBILITY OF
SHAPING THE FUTURE YOUTH OF THE NATION.**



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Venue: Humera Khan College of Education

Date: 15th January 2025

OBJECTIVE:

- To promote physical fitness and healthy competition among students.
- To foster teamwork and cooperation through engaging outdoor activities.
- To encourage students to develop a competitive spirit while maintaining sportsmanship.
- To provide a platform for students to showcase their agility, endurance, and quick thinking.

SIGNIFICANCE OF THE DAY: The outdoor sports event was a celebration of physical well-being, emphasizing the importance of sports in promoting mental and physical health. It highlighted how participating in sports can help build teamwork, discipline, and resilience among students. The day served as a reminder of the benefits of outdoor activities, offering a fun and energetic environment where students could come together, compete, and enjoy the spirit of sportsmanship.

SPORTS INCHARGE: Dr. Sandhya Ma'am & Dr. Avani Kanakia

FACULTY MEMBERS:

- Dr. Masarrat Ali (Principal)
- Dr. Varsha Gamare (Chief Coordinator)
- Prof. Vidya Vishwakarma
- Dr. Sandhya Ma'am
- Dr. Avani Kanakia
- Asst. Prof. Vikas Sir
- Asst. Prof. Shenaz Ma'am

CONTENT:

The event began with a torch-bearing march past, followed by an energetic welcome dance, which filled the venue with excitement. Students performed a pyramid formation as part of the opening ceremony, setting a celebratory tone for the day. The games included a variety of fun and competitive activities designed to engage everyone, including the Duck Walk, Back Balloon Race, Pick Up and Run, Relay Race, 100m Race, Flower Walk, Tug of War, and Throwball.

The competition was intense, especially in the relay races and tug of war, where teamwork and strategic thinking were essential. The 100m race and duck walk tested the participants' speed and



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agility, while the pick up and run encouraged quick reflexes. Every game was designed to bring out the best in each student, whether they were participating individually or as part of a team.

As the day concluded, the prize distribution ceremony took place, where winners from each event were honored. The presence of the chief guest, Miss Aarti Agrawal, added prestige to the occasion. She congratulated the winners and all participants for their hard work and dedication. Her motivating speech inspired students to continue pursuing sports and physical activities.

LEARNING OUTCOME:

Through their participation in the outdoor sports event, students gained valuable lessons in teamwork, perseverance, and physical fitness. Activities like the tug of war and relay races taught the importance of cooperation and effective communication within teams. Physical challenges such as the 100m race and duck walk helped students improve their endurance and agility. Additionally, events like the pick up and run promoted critical thinking and quick decision-making, while encouraging a sense of friendly competition. Overall, the event provided a well-rounded experience that contributed to the holistic development of the students. This outdoor sports event was a huge success, fostering a sense of unity, sportsmanship and healthy competition among the students. And faculty members.

ANNUAL SPORTS DAY 2024-25

SR.NO	EVENT	FACULTY INCHARGE	TIME
1	Arrival of the chief guest and faculty members	Varsha Gamare, Avani Kanakoa	7:15am
2	March pass	Sandhya Sarwade, Avani Kanakia	7:30am
3	Touch Bearer	Vidya Vishwakarma	7:40am
4	Sports oath by saniya	Shenaz khan	7:50am
5	Introduction of chief guest	Avani ma'am	8:05am
6	Welcome speech	Dr. Masarrat Ali	8:10am



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7	Facilitation of the chief guest	Dr. Masarrat Ali	8:15am
8	Commencement of the Sport activities	Guest	From 8:40am Onwards
9	100MT.Race	Sandhya ma'am	
10	Duck walk	Shenaz ma'am	
11	Back Balloon Walk	Vikas yadav	
12	Pick up Run	Avani ma'am	
13	Relay	Varsha ma'am	
14	Tug OF War	All professors	
15	Flower walk (4 students)	All professors	
16	Winner list and certificate writing	Shenaz ma'am Varsha ma'am	
17	Certificate Distribution	Sandhya ma'am Avani ma'am	
18	Vote of Thanks	Vidya ma'am Unaiza	

19	National Anthem	All	
20	Refreshment	Shenaz ma'am	
21	Discipline Incharge	Vikas sir	

PARTICIPATION AND ENGAGEMENT:

The event attracted over 50 participants, including students, faculty, staff, and alumni. The strong turnout reflected the high level of interest in outdoor sports and physical wellness within the HK College community.

Student Involvement:



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Students were the primary participants in the event, forming teams and competing in various sports. Many students also volunteered to assist with event coordination, registering participants, distributing gear, and ensuring everything ran smoothly.

Faculty and Alumni Participation:

Faculty members were enthusiastic about taking part in the activities, and many joined in on the games as players, referees, or coaches. Alumni were also invited to join the event, and several returned to campus to reconnect with their peers and participate in the day's activities.

Volunteers:

Student volunteers contributed to the success of the event. They played a crucial role in managing the event, setting up sports stations, and guiding participants throughout the day. Their efforts ensured that the event was well-organized and enjoyable for all.

Winner list:

OUTDOOR GAMES on 15th January 2025

SR. NO.	GAME	POSITION	NAME OF THE WINNER
1	100mt. Race	1 st	45 SHAIKH RUKAIYA HASSAN (F.Y)
		2 nd	19 QURESHI SADIYA TOUSIF (S.Y)
		3 rd	9 JHA SUNDARAM AMIT (S..Y)
2.	Duck walk	1 st	31 SHAIKH SANIYA MOHD IQBAL(S.Y)
		2 nd	9 JHA SUNDARAM AMIT (S..Y)
		3 rd	47 SHAIKH SADIYA MOHD YAKUB (F.Y)
3	Back balloon walk (Pair)	1 st	49 SHAIKH SIDRAH MOHD UMAR (F.Y) 3 ANSARI NAZISH YUNUS (F.Y)
		2 nd	26 MULLA BUSHRA SHABBIR (F.Y) 47 SHAIKH SADIYA MOHD YAKUB(F.Y)
		3 rd	17 MULLA IQRA ABUBAKAR (S.Y) 31 SHAIKH SANIYA MOHD IQBAL (S.Y)



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4	Short Put	1 st	45 SHAIKH RUKAIYA HASSAN(F.Y)
		2 nd	23 KOJAR RUBAB FATIMA ALI HUSSAIN (F.Y)
		3 rd	10 GHALTEY FATIMA ANWARKHAN (F.Y)
5	Pickup and run	1 st	36 TIWARI ANMOL SUBHASH (S.Y)
		2 nd	30 SHAIKH RUQAIYA MOHAMMAD UMAR (S.Y)
		3 rd	04 ASHTIKAR HASINA ASLAM (FY)
6	Relay (4 Students)	1 st	11 JAIRAJPURI AQSA FAIZAN (F.Y) 18 KHAN NAZIYA IMRAN (F.Y) 04 ASHTIKAR HASINA ASLAM (F.Y) 23 KOJAR RUBAB FATIMA ALI HUSSAIN (F.Y)
		2 nd	19 QURESHI SADIYA TOUSIF(S.Y) 30 SHAIKH RUQAIYA MOHAMMAD UMAR (S.Y) 12 KHAN UNAIZA SHAMIM AHMED (S.Y) 33 SHAIKH TARANNUM FIRDOUS ABDUL RAFIQ (S.Y)

Championship: First: 30 SHAIKH RUQAIYA MOHAMMAD UMAR (S.Y)

Second: 31 SHAIKH SANIYA MOHD IQBAL (S.Y)



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Memorable Sports Moments



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March pass & Pyramid Formation



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Speech by Chief Guest & Touch Bearer



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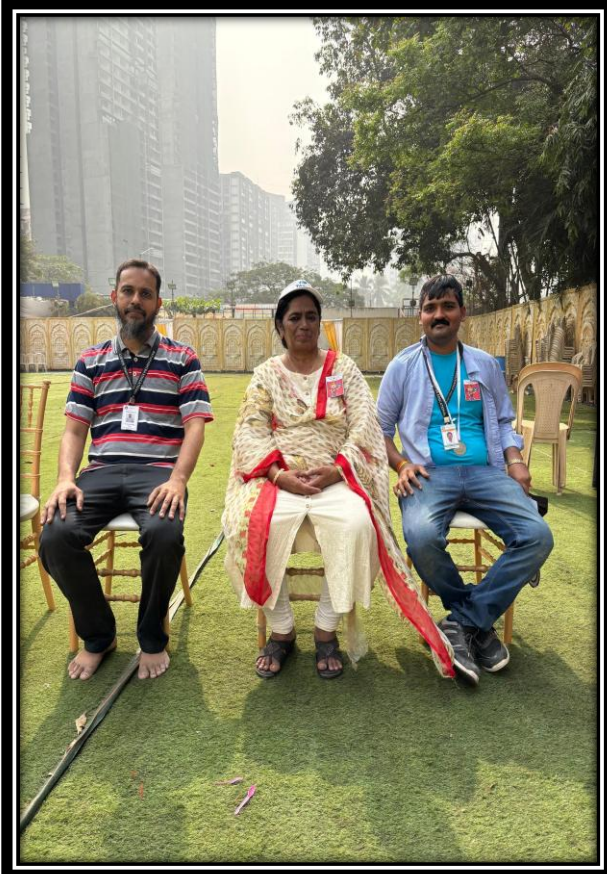


Arrival of Guest and group Presentation



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HUMERA KHAN COLLEGE OF EDUCATION
ANNUAL SPORTS EVENT
2024-2025





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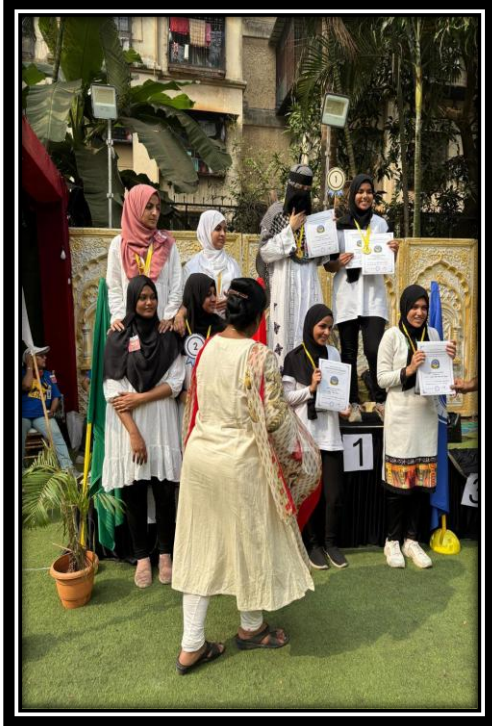
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Batch 2023-25 &
Batch 2024-26

